Directions to Western State Hospital From the East

- I-64 West to Exit 87 (I-81 North)

- On I-81 North, stay in the right hand lane
- Take the first exit (Exit 222 - Staunton, Route 250)
- At the end of the exit ramp, turn right onto Route 250 West, toward Staunton
- Continue straight to the second stoplight and turn right
- You are now on Western State Hospital grounds
- Continue straight for approximately 0.25 mile
- At the fork in the road is Building 124 (2 flagpoles in front of it) – See Highligted info below

Directions to Western State Hospital From the West

- I-64 East toward Lexington
- When I-64 ends at Lexington, take I-81 North toward Staunton and Winchester
- Take Exit 222 - Staunton, Route 250
- At the end of the exit ramp, turn right onto Route 250 West, toward Staunton
- Continue straight to the second stoplight and turn right
- You are now on Western State Hospital grounds
- Continue straight for approximately 0.25 mile
- At the fork in the road is Building 124 (2 flagpoles in front of it) – See highligted info below

Directions to Western State Hospital From I-81 North

- Take Exit 222 - Staunton, Route 250
- At the end of the exit ramp, turn right onto Route 250 West, toward Staunton
- Continue straight to the second stoplight and turn right
- You are now on Western State Hospital grounds
- Continue straight for approximately 0.25 mile
- At the fork in the road is Building 124 (2 flagpoles in front of it) – See highlighted info below

Directions to Western State Hospital From I-81 South

- Take Exit 222 - Staunton, Route 250
- At the end of the exit ramp, turn right onto Route 250 West, toward Staunton
- Stay in the right lane
- Continue to the next stoplight and turn right
- You are now on Western State Hospital grounds
- Continue straight for approximately 0.25 mile
- At the fork in the road is Building 124 (2 flagpoles in front of it)):
- At the fork, continue straight to the first building on the left: Jeffries Bldg(123)
- Do not exceed 15 mph speed limit on hospital grounds

Location Information for Catawba

Located approximately eight miles off Interstate 81. Take Exit 141 off of I-81 and then make a left if you were going South on I-81 or make a right if you were going North on I-81 at the end of the exit ramp on to Route 419. Travel a 1/3 mile and take a right at the stop light on to Route 311 North and stay on this road for about 7 miles across Catawba Mountain. Make a right on Route 779 and follow it for about 3/4 mile then take left on Route 320. You will see the Main Hospital Sign at the beginning of Route 320.

Catawba Hospital

5525 Catawba Hospital Dr

Catawba, Va 24070

540-375-4200

Southwest Virginia Training Center Directions

From Brisol, VA

I-81 North to I-77 South
I-77 South to Exit 14 (Hillsville-Galax Exit)
After exiting I-77 take a right onto U.S. 58 West
Turn right onto State Route 707 (3rd right)
On State Route 707, SWVTC will be on the right.

From Roanoke, VA

I-81 South to I-77
South I-77 South to Exit 14 (Hillsville-Galax Exit)
After exiting I-77 take a right onto U.S. 58 West
Turn right onto State Route 707(3rd right)
On State Route 707, SWVTC will be on the right.

From Charlotte, NC

I-77 North to Exit 14 (Hillsville- Galax Exit)
After exiting I-77 take a left onto U.S. 58 West
Turn right onto State Route 707 (3rd right)
On State Route 707, SWVTC will be on the right.